



General Appointments

A General Appointment provides an opportunity for a lay Buddhist to meet with a monk for personal conversation, Dhamma discussion, or guidance on matters of everyday life.

Following the traditional practice of open access to the Bhikkhu, a meeting may be arranged when the monk is available and at a mutually convenient time. These appointments are not structured meditation consultations and do not include specific meditation instructions or assessment of meditation practice.

How to Request a General Appointment

A General Appointment may be requested by .

Traditional offerings may be made to the monk. In accordance with the monastic discipline, food offerings should not be made after 12:00 noon.